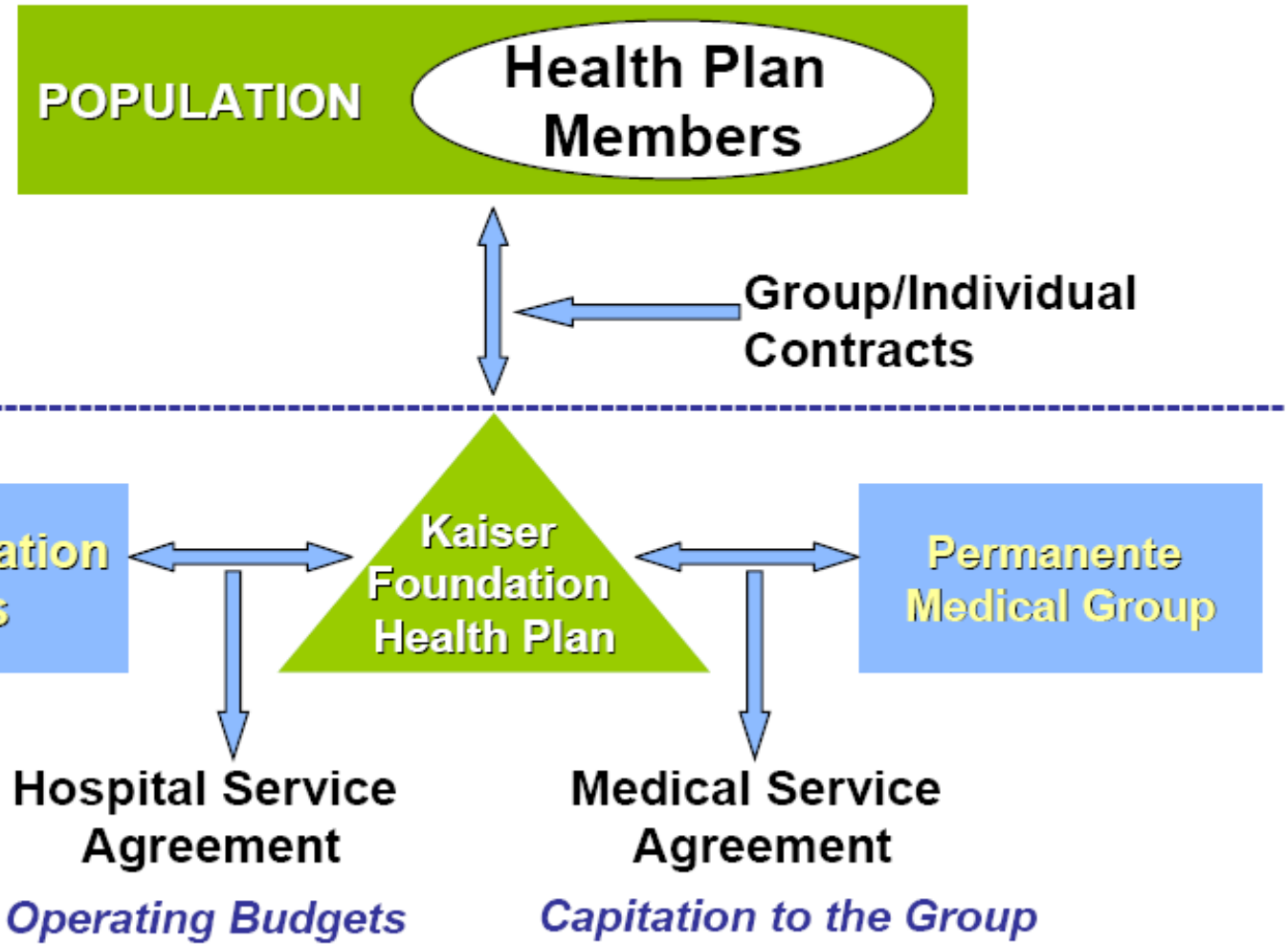


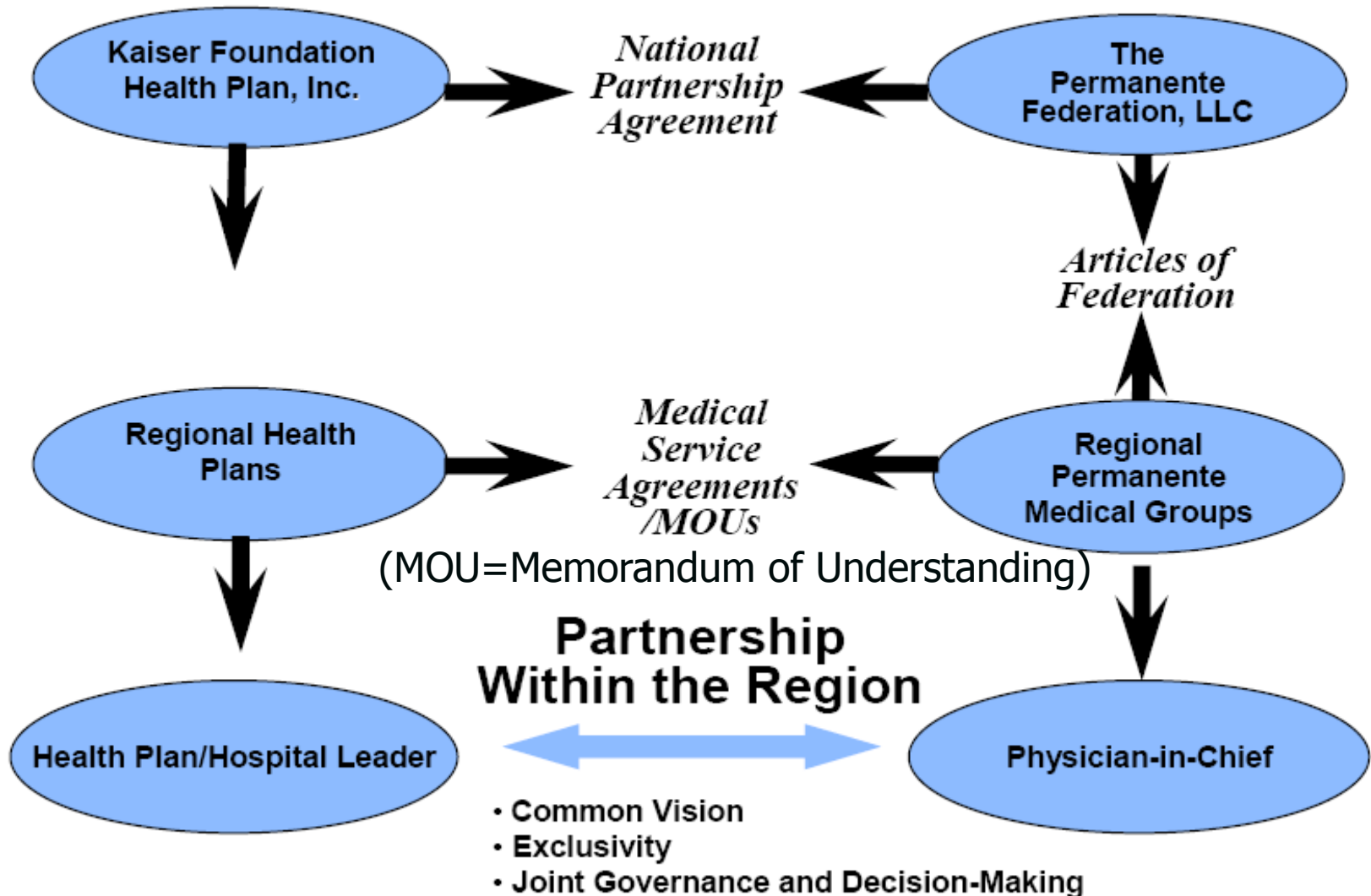
Kaiser Permanente

Esko Kumpusalo, MD, PhD, prof. emeritus
University of Eastern Finland
HY/Pellervo 25.11.2016



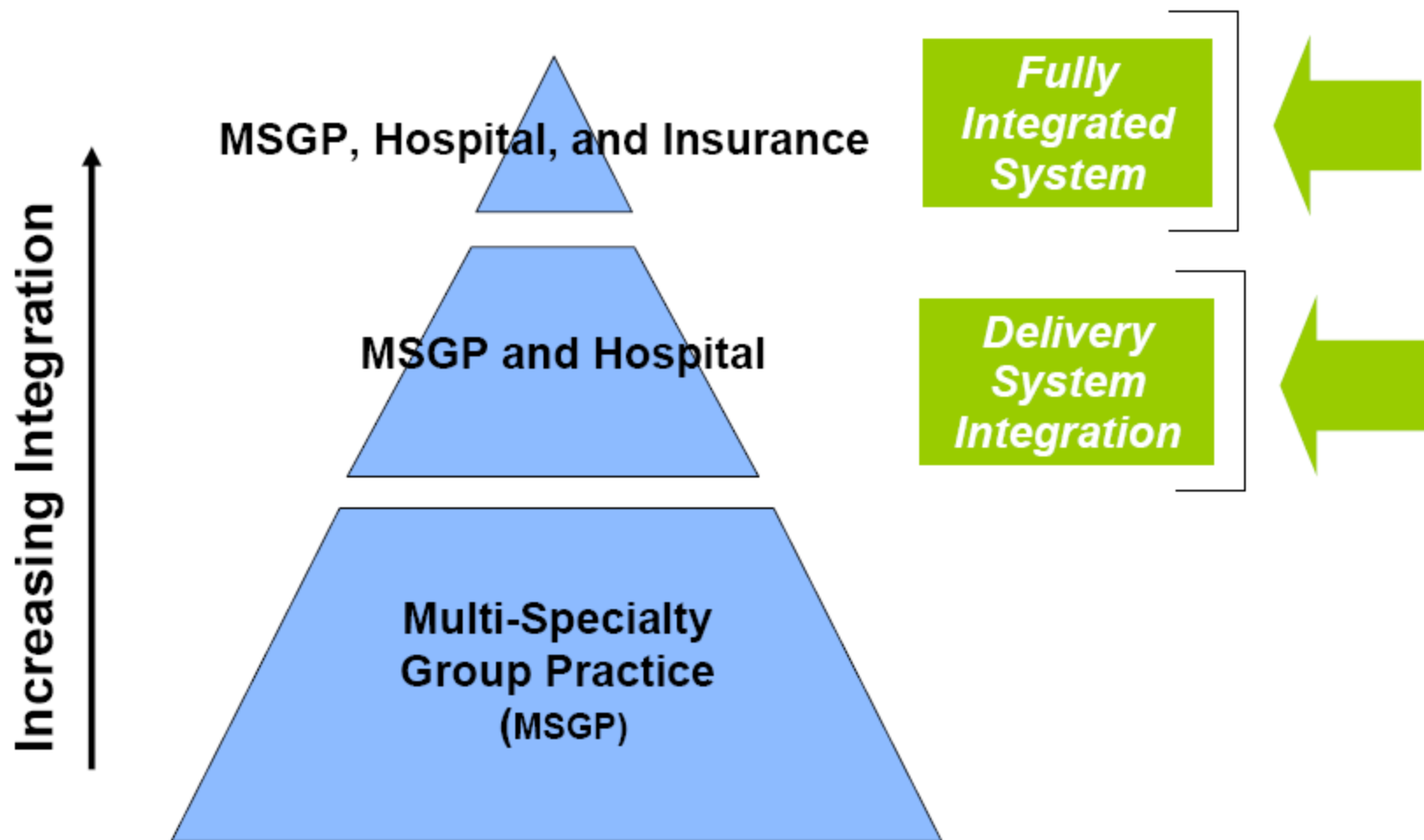


KP's Partnerships



- “To make whole or complete by bringing together the parts”, but ...
- To be successful “the whole” must deliver substantially more value to payors, beneficiaries, physicians and employees than the “sum of the parts”

Levels of Integration



- Five areas to consider in planning for a successful integrated system



- Physician culture
- Physician leadership
- Compensation and productivity
- Patient choice
- Use of clinical IT

Physicians are the key to successful integrated systems.



Healthier tomorrows start here

No matter what your future holds, we've got you covered. With great doctors, screenings, and advanced research, we've got a plan to keep you healthy — today and tomorrow.

Personal Physician Selection On-Line

Choose from over 1,000 Physicians Across Northern California

The screenshot shows the Kaiser Permanente website interface. At the top left is the Kaiser Permanente logo. To the right are links for 'Sign off', 'Web site map', and 'Search our site'. Below these is a dropdown menu for 'Change your region: California - Northern'. A navigation bar contains links for 'Home', 'Get health advice', 'Appointments/Rx refills', 'Your plan', 'Locate our services', and 'Mailbox'. The main content area is divided into two columns. The left column has a blue background with the heading 'Selecting a physician' and a list of links: 'Clinical staff directory', 'Facility directory', 'How to get care', and 'Measuring quality'. To the right of this list is a photograph of a female doctor in a white coat using a stethoscope on a young male patient. The right column has a light blue background with the heading 'Our doctors, your choice' and a sub-heading 'Which physician is right for you?'. Below this is a paragraph of text about building a relationship with a physician. At the bottom of the right column is a section titled 'Tools for selecting or changing your personal physician' with a link to 'Choose or change your physician online' and a short paragraph explaining the online selection tool.

KAISER PERMANENTE

Sign off Web site map Search our site

Change your region: California - Northern

Home Get health advice Appointments/Rx refills Your plan **Locate our services** Mailbox

Selecting a physician

- Clinical staff directory
- Facility directory
- How to get care
- Measuring quality

Our doctors, your choice

Which physician is right for you?

Building a relationship with a physician that you select is an important part of your health care. Each member of your family should have his/her own physician for preventive care, treatment of illness, and referral to a specialist when needed. Whether you're a new or long-time member, we encourage you to take this vital step and select a personal physician.

Tools for selecting or changing your personal physician

[Choose or change your physician online](#)

You can choose or change your personal physician at any time. It's easy with our online selection request tool.

Physician Home Pages

Personal Portal to your Physician and Kaiser Permanente

[Your health record](#)
[Get health advice](#)
[Appointments/Rx refills](#)
[Mailbox](#)

My Home Page

- Home
- Asthma and Allergies
- Health Information and Resources
- View Your Lab Test Results

The Permanente Medical Group
Abby Lockhart, MD

Facility
[Napa Medical Offices](#)
[Department of Adult Medicine](#)

Address
 3285 Claremont Way
 Napa CA 94558
[Map & Directions](#)

Telephone
 Appt/Advice: (707) 258-2166

[E-mail your doctor](#)

Department Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	8:30 am 5:00 pm	8:30 am 5:00 pm	8:30 am 5:00 pm	8:30 am 5:00 pm	8:30 am 5:00 pm	8:30 am 12:00 pm
Closed during lunch, 12:30 pm to 1:30 pm						

Welcome to my Home Page!

- Trusted Information Resource
- Promote Healthy Living
- Access to over 30,000 page of Health Information

E-mail Your Doctor and View Your Lab Results

E-Visits/Access to your Electronic Medical Record

KAISER PERMANENTE Home Sign on Web site map Search our site

Change your region: California - Northern

Your health record Get health advice Appointments/Rx refills Your plan Locate our services Mailbox

Contact your physician's office

- Help

Send a message to your physician

From: Laura Chan

Send to the office of: Dr. Petersen

Subject: Question for my doctor?

Related links:

- Recommended tests & shots
- Health encyclopedia

Send Cancel

KAISER PERMANENTE Home Sign on Web site map Search our site

Change your region: California - Northern

Your health record Get health advice Appointments/Rx refills Your plan Locate our services Mailbox

Your lab test results

- Help
- About this feature

Stay up-to-date on your test results

This page displays your lab test results and the provider who placed the order. The results of some tests might not be displayed here. If you have any questions about this information, please call 1-800-123-4567.

Date	Test	Provider	Results
08/28/2003	CBC	Grant Petersen, MD	Details
11/06/2003	HRA1C	Grant Petersen, MD	Details

Related links:

- Request a change to your

E-Consult – Quality and Convenience through Direct Specialty Consultation

To Facility: Santa Clara | To Specialty: Orthopedics | Problem/Reason: Knee Pain | Ref: SCL/ABU

MRN: 12345678 | Patient Name: Jane Alice Doe | Gender: Female | Age: 50 | Day Phone: (408) 111-8000 | Evening Phone: (408) 111-8000 | Temp. Phone:

Requesting Provider: Marc Flagg | Fac/Dept: SCL/MED | Phone Number: (408) 272-1111 | PCP: Miller, Scott MD -SCL/MED/PHO | Smith, Jane, MD -SCL/OB/GYN

Referral Request: Knee Pain

Diagnostic/Treatment Recommendations:

- Nontraumatic knee pain should be treated with exercises, activity modification, and/or NSAIDs for at least six weeks.
- Physical therapy is often helpful.
- Consider corticosteroid injection in the older patient population.
- [Knee Osteoarthritis](#)
- [Patellofemoral Pain Syndrome](#)

Patient Keywords:

- [Osteoarthritis](#)
- [Patellofemoral Pain](#)

Referral Instructions:

- Refer for failure of conservative treatment.
- Please obtain plain knee radiographs on all acute traumatic injuries (to rule fracture) and weight bearing films on all other patients. MRI is not indicated for referral.
- ACL injuries require rehabilitation in physical therapy.
- Patients with nontraumatic anterior knee pain should not be referred without a trial of rehabilitation.

Workup Questions:

1. Date symptoms began (days or duration):
2. Where is the pain located?
 - Front of the knee
 - Side of the knee
 - Back of the knee
3. Has the patient had x-rays?
 - Yes
 - No
4. Radiographic Results:
5. Pertinent history, physical, treatments and response to treatments/Comments:
6. Check all that apply:
 - Trauma
 - Swelling
 - Instability
 - Noise
 - Weakness
 - Deformity
6. Check all that apply:
 - Patient Instants
 - Work Related Injury
 - Third Party Liability

E-Consult allows for accurate patient work-up, -appropriate specialty selection and clinical advice from specialists to primary care.

KAISER PERMANENTE eConsult

Welcome: Welby, Marcus MD | You have 8 referrals that need review | PREFERENCES | LOG OUT | HELP

Request | Referrals | Admin

Direct Booking

Patient Name: Jane Alice Doe | PCP: Marcus Welby, MD | MRN: 12345678 | Samantha Smith, OB GYN

Booking Information:
 Appt Priority: Same Day | Fac: Santa Clara | PAARS Dept: OPH | Type: N15 | Provider:

Appointment Preferences:
 Date Available: | Time Preference: AM PM | Day Preference: Mon Tue Wed Thu Fri

Available Appointments

SELECT	DAY	DATE	TIME	PROVIDER	MESSAGES
<input type="radio"/>	Mon	12/09/02	9:00am	J. Lauffer	Provider message here.
<input type="radio"/>	Tue	12/10/02	11:15am	S. Greene	Provider message here.
<input type="radio"/>	Wed	12/11/02	10:00am	J. Lauffer	Provider message here.
<input type="radio"/>	Wed	12/11/02	02:30pm	D. Scott	Provider message here.

Next Appointments: 25

Special Instructions go here...

BOOK NOW | CANCEL

Enables more convenient and timely access to specialty care.

Hidden Health Care System





***The Greatest Untapped
Resource in Health Care is —
the Individual***



Yhteystiedot:
e-mail: esko.kumpusalo@fimnet.fi
GSM: 0500577278